

# **2011 MIAC Women's Outdoor Championships**

**Gustavus Adolphus College, St. Peter**

**May 13-14, 2011**

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100 Meter Dash

Round 1, Heat 1

Wind = +1.7 m/s

1 Ashley Carney, So, Augsburg	12.56Q
2 Ashley Magelssen, Fr, Bethel	12.67q
3 Christina Walker, So, Hamline	12.70q
4 Kari Ludwig, So, Concordia Moorhead	12.79
5 Sam Levercom, Jr, St. Catherine	13.01
6 Janie Briant, Sr, Gustavus	13.13
7 Mandy Witschen, Fr, St. Benedict	13.20
8 Sarah Baker, Jr, Gustavus	13.29
9 Traci Pastoors, Jr, St. Thomas	13.39

Round 1, Heat 2

Wind = +1.7 m/s

1 Abby Neigebauer, Sr, St. Benedict	12.56Q
2 Shanek Telphia, So, Augsburg	12.72q
3 Alexa Kleingartner, Sr, Concordia Moorhead	12.75q
4 Clare Foley, Fr, St. Benedict	12.80
5 Jenna Ewing, Sr, St. Thomas	12.84
6 Shasta Webb, So, Macalester	13.11
7 Natalie Decker, So, Concordia Moorhead	13.14
8 Samantha Risan, Fr, Concordia Moorhead	13.41
9 Jennifer Ampe, Sr, St. Catherine	13.46

Round 1, Heat 3

Wind = +1.9 m/s

1 Brianna Ludtke, Jr, St. Catherine	12.54Q
2 Christine Rozeske, Fr, St. Thomas	12.65q
3 Krista McCright, So, Bethel	12.68q
4 Joyce Thompson, So, St. Olaf	12.98

5 Madelin Skaalrud, Fr, St. Catherine	13.02
6 Diane Beckius, So, St. Benedict	13.03
7 Maggie Harris, Fr, St. Thomas	13.21
8 Courtney Fregeau, Fr, Bethel	13.27
Erin Sand, So, St. Benedict	DQ

Final

Wind = -3.3 m/s

1 Ashley Magelssen, Fr, Bethel	12.77
2 Shanek Telphia, So, Augsburg	12.90
3 Ashley Carney, So, Augsburg	13.001
4 Abby Neigebauer, Sr, St. Benedict	13.002
5 Christine Rozeske, Fr, St. Thomas	13.10
6 Krista McCright, So, Bethel	13.21
7 Brianna Ludtke, Jr, St. Catherine	13.25
8 Christina Walker, So, Hamline	13.29
9 Alexa Kleingartner, Sr, Concordia Moorhead	13.31

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200 Meter Dash

Round 1, Heat 1

Wind = -2.9 m/s

1 Shanek Telphia, So, Augsburg	25.18Q
	NCAA provisional
2 Christine Rozeske, Fr, St. Thomas	26.15q
3 Katie Vrieze, Sr, Augsburg	26.29q
4 Abby Neigebauer, Sr, St. Benedict	26.41q
5 Alexa Simpson, So, Macalester	26.65
6 Jenna Ewing, Sr, St. Thomas	26.78
7 Janie Briant, Sr, Gustavus	27.04
8 Courtney Fregeau, Fr, Bethel	27.52
9 Julia Thompson, Sr, Gustavus	28.10

Round 1, Heat 2

Wind = -1.6 m/s

1 Ashley Magelssen, Fr, Bethel	25.60Q
2 Jillian Daleiden, Sr, St. Benedict	26.18q
3 Christina Walker, So, Hamline	26.20q
4 Krista McCright, So, Bethel	26.53
5 Clare Foley, Fr, St. Benedict	27.11
6 Allie Canoy, Fr, Gustavus	27.59
7 Allison Eckrich, Jr, St. Benedict	27.73
8 Samantha Risan, Fr, Concordia Moorhead	28.12
9 Samantha Krause, Fr, Concordia Moorhead	29.00

Round 1, Heat 3

Wind = -2.8 m/s

1 Emily Van Heel, Fr, St. Thomas	26.05Q
2 Kari Ludwig, So, Concordia Moorhead	26.48q
3 Erin Sand, So, St. Benedict	26.60
4 Brianna Ludtke, Jr, St. Catherine	26.62
5 Dayna Pitts, Fr, Bethel	26.87
6 Diane Beckius, So, St. Benedict	27.37
7 Kirstin Anderson, Fr, St. Benedict	27.66
8 Maggie Harris, Fr, St. Thomas	27.74
9 Maggie Sullivan, Fr, Carleton	28.60

Final

Wind = -3.4 m/s

1 Shanek Telphia, So, Augsburg	25.87
2 Emily Van Heel, Fr, St. Thomas	25.90
3 Ashley Magelssen, Fr, Bethel	26.05
4 Abby Neigebauer, Sr, St. Benedict	26.73
5 Katie Vrieze, Sr, Augsburg	26.75
6 Kari Ludwig, So, Concordia Moorhead	26.83
7 Jillian Daleiden, Sr, St. Benedict	26.85
8 Christine Rozeske, Fr, St. Thomas	26.88
Christina Walker, So, Hamline	DNC

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#### 400 Meter Dash

##### Round 1, Heat 1

1 Abby Karl, Sr, Gustavus	58.60Q
2 Becca Neuger, Sr, St. Olaf	58.65q
3 Kim Engel, Sr, St. Catherine	58.91q
4 Katie Vrieze, Sr, Augsburg	60.13
5 Kacie Bahr, Jr, Augsburg	61.13
6 Paige Rygg, Fr, Concordia Moorhead	61.79
7 Emily Wilson, So, St. Thomas	63.65
8 Samantha Krause, Fr, Concordia Moorhead	64.70
9 Rachel Darling, Sr, St. Olaf	68.65

##### Round 1, Heat 2

1 Jillian Daleiden, Sr, St. Benedict	57.45Q
2 Gina Weiss, Fr, Concordia Moorhead	59.58q
3 Diaga Kravale, Fr, Macalester	59.84q
4 Ruth Ranum, Sr, Concordia Moorhead	60.95
5 Allison Eckrich, Jr, St. Benedict	61.01
6 Bethany Schmidt, Fr, Saint Mary's	61.85
7 Callie Knaeble, Jr, St. Olaf	64.24
8 Gia Puch, Jr, Saint Mary's	64.69
9 Kathleen Stefely, Jr, St. Olaf	64.91

##### Round 1, Heat 3

1 Erin Coughlin, So, St. Catherine	58.65Q
2 Emily Van Heel, Fr, St. Thomas	58.81q
3 Amanda Iverson, So, Gustavus	59.27q
4 Tara Reyelts, Fr, St. Olaf	59.85
5 Marta LeFevre-Levy, Fr, Macalester	61.11
6 Amelia Schmidt, Jr, Gustavus	62.54
7 Ellen Hawley, So, St. Olaf	63.07
8 Kaitlyn Boily, Sr, Concordia Moorhead	64.57
9 Adrienne Young, So, Augsburg	65.95

Final

1 Jillian Daleiden, Sr, St. Benedict	57.26
NCAA provisional	
2 Emily Van Heel, Fr, St. Thomas	58.29
3 Abby Karl, Sr, Gustavus	58.80
4 Amanda Iverson, So, Gustavus	58.85
5 Becca Neuger, Sr, St. Olaf	58.897
6 Erin Coughlin, So, St. Catherine	58.902
7 Diaga Kravale, Fr, Macalester	59.11
8 Kim Engel, Sr, St. Catherine	59.21
9 Gina Weiss, Fr, Concordia Moorhead	59.98

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800 Meter Run

Round 1, Heat 1

1 Tara McCoy, Jr, Macalester	2:19.91Q
2 Laura Cook, Sr, St. Olaf	2:21.15Q
3 Callie Christianson, Fr, Concordia Moorhead	2:21.95q
4 Jamie Mosel, Jr, St. Olaf	2:22.16q
5 Kristiana Sather, Jr, Concordia Moorhead	2:24.49
6 Alex Potter, Sr, Bethel	2:24.58
7 Brady Pennig, Sr, St. Olaf	2:27.23
8 Haley Diem, Fr, Augsburg	2:29.43
9 Emily Anderson, Fr, Bethel	2:31.36

Round 1, Heat 2

1 Kayla Engel, Sr, St. Catherine	2:19.76Q
2 Brittany Kuehn, Sr, Saint Mary's	2:20.78Q
3 Morgan Christian, Fr, Concordia Moorhead	2:21.94q
4 Kaitlyn Frenchick, Jr, Hamline	2:22.62
5 Robin Stramp, Fr, St. Olaf	2:24.92

6 Alex Dunn, Sr, Carleton	2:25.55
7 Sarah McNamara, Fr, St. Thomas	2:27.52
8 Abby Engelhart, Fr, St. Olaf	2:28.01
9 Asha Ghassemlouei, Fr, Hamline	2:33.82

Round 1, Heat 3

1 Megan Lundgren, Sr, Gustavus	2:21.06Q
2 Moriah Novacinski, Fr, St. Olaf	2:22.24Q
3 Molly Noel, Sr, St. Benedict	2:22.80
4 Michelle Benson, Sr, Bethel	2:24.33
5 Kim Eskuri, Sr, St. Benedict	2:25.48
6 Lindsey Wales, Fr, St. Benedict	2:27.23
7 Katherine Ehrenreich, Fr, Macalester	2:29.91
8 Paige Schember, Fr, St. Olaf	2:30.37
9 Kathryn Medinger, Fr, Macalester	2:35.67

Final

1 Tara McCoy, Jr, Macalester	2:14.92
2 Brittany Kuehn, Sr, Saint Mary's	2:18.42
3 Megan Lundgren, Sr, Gustavus	2:19.25
4 Kayla Engel, Sr, St. Catherine	2:19.38
5 Moriah Novacinski, Fr, St. Olaf	2:20.30
6 Laura Cook, Sr, St. Olaf	2:20.41
7 Morgan Christian, Fr, Concordia Moorhead	2:20.84
8 Callie Christianson, Fr, Concordia Moorhead	2:21.18
9 Jamie Mosel, Jr, St. Olaf	2:25.36

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1500 Meter Run

Round 1, Heat 1

1 Jessica Kociscak, Sr, Hamline	4:56.27Q
2 Anna Williams, So, St. Benedict	4:56.46Q
3 Molly Noel, Sr, St. Benedict	4:56.50Q

4 Sarah Trautman, Fr, Carleton	4:56.63Q
5 Sara Holland, Sr, Hamline	4:56.95q
6 Britney Barnett, Sr, Concordia Moorhead	4:57.01q
7 Andi Eglinton, Jr, Gustavus	5:04.40
8 Katie Schwarz, Sr, St. Benedict	5:05.40
9 Laura Zwilling, Jr, Bethel	5:05.62
10 Tera Hereid, Fr, Bethel	5:06.91
11 Carrie Harshbarger, So, Carleton	5:07.93
12 Milana Socha, Fr, Carleton	5:16.82
13 Amber Hoban, Sr, Hamline	5:17.33
14 Shayla Fulford, Fr, Augsburg	5:21.70

Round 1, Heat 2

1 Taylor Berg, So, St. Thomas	4:55.55Q
2 Moriah Novacinski, Fr, St. Olaf	4:55.71Q
3 Maria Theisen, Fr, Hamline	4:56.09Q
4 Amanda Leone, Fr, St. Olaf	4:57.91Q
5 Paige Schember, Fr, St. Olaf	4:58.99q
6 Jen Strong, Fr, St. Thomas	5:03.62q
7 Megan Smith, So, St. Benedict	5:08.38
8 Joanna Pace, Sr, Saint Mary's	5:08.96
9 Emma Crumley, Fr, St. Olaf	5:09.55
10 Rachel Kittaka, So, Carleton	5:09.80
11 Tess Carley, So, Macalester	5:11.61
12 Emily Dee, Sr, Saint Mary's	5:13.92
13 Kristen Nelson, So, St. Olaf	5:14.63
14 Allison Brandt, So, St. Olaf	5:21.47

Final

1 Molly Noel, Sr, St. Benedict	4:50.58
2 Taylor Berg, So, St. Thomas	4:51.51
3 Moriah Novacinski, Fr, St. Olaf	4:52.31
4 Jessica Kociscak, Sr, Hamline	4:52.85
5 Anna Williams, So, St. Benedict	4:53.16
6 Britney Barnett, Sr, Concordia Moorhead	4:53.53
7 Maria Theisen, Fr, Hamline	4:54.01
8 Sarah Trautman, Fr, Carleton	4:56.76

9 Paige Schember, Fr, St. Olaf	4:56.96
10 Amanda Leone, Fr, St. Olaf	4:56.99
11 Sara Holland, Sr, Hamline	4:58.51
12 Jen Strong, Fr, St. Thomas	5:03.04

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#### 5000 Meter Run

1 Simone Childs-Walker, Jr, Carleton	17:18.75
NCAA provisional	
Stadium record	
Was 17:34.03; Morgan Place, UM-Duluth, 2009	
2 Emma Lee, So, St. Olaf	18:00.13
3 Erin Statz, Fr, St. Thomas	18:06.49
4 Beth Hauer, So, Gustavus	18:09.36
5 Shannon Mueller, Jr, Carleton	18:10.42
6 Allie Metzler, Sr, St. Thomas	18:13.65
7 Brooke Beskau, Sr, Gustavus	18:14.39
8 Rachel Dean, So, St. Olaf	18:20.44
9 Maren Westby, Jr, St. Olaf	18:24.19
10 Kate Eggers, So, Gustavus	18:29.21
11 Rachael Klehm, Fr, Carleton	18:31.07
12 Andrea Dittman, Jr, St. Olaf	18:31.41
13 Andi Gomoll, So, St. Olaf	18:32.17
14 Britney Barnett, Sr, Concordia Moorhead	18:34.49
15 Jessica Kociscak, Sr, Hamline	18:35.90
16 Hannah Knickerbocker, Fr, Concordia Moorhead	18:41.52
17 Lauren Carlson, So, St. Olaf	18:44.23
18 Becca Bevans, So, St. Olaf	18:46.70
19 Emily Fritz-Endres, Fr, Carleton	18:48.25
20 Anna Schmitz, Fr, Macalester	18:54.92
21 Sara Holland, Sr, Hamline	18:59.82

22 Katy Torchia, Sr, St. Benedict	19:07.78
23 Katie Schwarz, Sr, St. Benedict	19:13.24
24 Kristina Poss, Fr, St. Catherine	19:14.26
25 Christine Skopec, Sr, St. Thomas	19:20.48
26 Kristy Singlestad, Sr, Concordia Moorhead	19:22.53
27 Caroline McLaughlin, Jr, Concordia Moorhead	19:25.34
28 Alison Smyth, Jr, Carleton	19:43.86
29 Carolyne Bocovich, Jr, Hamline	19:43.97
30 Jessica Zwanziger, So, St. Thomas	19:53.04
31 Jessica Rogers, So, St. Catherine	20:10.15
Taylor ffitich, Jr, Carleton	DNC

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#### 10000 Meter Run

1 Simone Childs-Walker, Jr, Carleton	36:33.71
	NCAA provisional
	Stadium record
	Was 36:50.16; Laura Bloedorn, Carleton, 2002
2 Allie Metzler, Sr, St. Thomas	36:50.31
	NCAA provisional
3 Emma Lee, So, St. Olaf	36:52.72
	NCAA provisional
4 Alison Smyth, Jr, Carleton	37:08.73
	NCAA provisional
5 Erin Statz, Fr, St. Thomas	37:24.55
6 Beth Hauer, So, Gustavus	37:26.54
7 Rachel Dean, So, St. Olaf	37:49.40
8 Brooke Beskau, Sr, Gustavus	38:07.41
9 Katy Torchia, Sr, St. Benedict	39:19.21
10 Hannah Knickerbocker, Fr, Concordia Moorhead	39:29.47

11 Alicia Traut, Sr, St. Thomas	40:31.54
12 Kristy Singlestad, Sr, Concordia Moorhead	40:40.26
13Carolyn Bocovich, Jr, Hamline	40:54.89
14 Leah Roth, Fr, St. Olaf	41:56.15
15 Suzanne McConn, Fr, Concordia Moorhead	42:18.85
16 Maddy O'Brien, Fr, St. Benedict	42:35.00
17 Maggie Smith, So, St. Benedict	42:35.24
18 Emily Eastman, Jr, St. Catherine	43:19.74
19 Hailey Brenden, Sr, Concordia Moorhead	44:40.29
Jenna Diercks, So, Bethel	DNC

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## 100 Meter Hurdles

### Round 1, Heat 1

Wind = +2.8 m/s (aided)

1 Melissa Kuebler, Sr, St. Thomas	14.61wQ
2 Caroline Senungi, Jr, Augsburg	15.25wq
3 Mallory Burnham, Fr, St. Thomas	15.41wq
4 Kameron Argiannis, Sr, Hamline	15.73w
5 Sarah Schmitt, So, St. Benedict	16.38w
6 Meredith Rothstein, So, St. Thomas	16.38w
7 Gina Michaels, Sr, St. Thomas	16.68w
8 Emily Swenson, So, St. Benedict	16.99w
9 Lindsey Keskey, Jr, St. Benedict	17.28w

### Round 1, Heat 2

Wind = +1.9 m/s

1 Katie Ryan, So, St. Thomas	15.13Q
2 Mo Flynn, Fr, St. Benedict	15.55q
3 Kaari Jensen, So, Concordia Moorhead	15.62q
4 Julia Renner, Jr, St. Benedict	15.90
5 Mary Peterson, Jr, Hamline	16.75

6 Macey Bentley, Sr, Concordia Moorhead	16.76
7 Rachel Meemken, Jr, Bethel	16.83
8 Clare Murn, So, St. Benedict	17.45
Abby Baier, Fr, St. Thomas	DQ

Round 1, Heat 3

Wind = +1.0 m/s

1 Alexa Kleingartner, Sr, Concordia Moorhead	15.13Q
2 Rachel Kalk, Fr, Bethel	15.27q
3 Abby Furlong, So, Bethel	15.64q
4 Laura Sjoberg, Sr, Gustavus	15.84
5 Anna McDevitt, Fr, Gustavus	16.37
6 Lynn Robohm, Jr, Hamline	16.50
7 Olivia Decker, Fr, Concordia Moorhead	16.83
8 Laura Secor, Sr, Gustavus	16.89
9 Kristin Boyum, So, Concordia Moorhead	17.18

Final

Wind = -3.3 m/s

1 Melissa Kuebler, Sr, St. Thomas	15.08
2 Alexa Kleingartner, Sr, Concordia Moorhead	15.35
3 Abby Furlong, So, Bethel	15.68
4 Rachel Kalk, Fr, Bethel	15.74
5 Katie Ryan, So, St. Thomas	15.94
6 Caroline Senungi, Jr, Augsburg	16.05
7 Mallory Burnham, Fr, St. Thomas	16.24
8 Mo Flynn, Fr, St. Benedict	16.39
9 Kaari Jensen, So, Concordia Moorhead	16.45

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400 Meter Hurdles

Round 1, Heat 1

1	Janey Helland, Sr, Gustavus	65.84Q
2	Megan Hoffman, So, Concordia Moorhead	66.67q
3	Abby Furlong, So, Bethel	66.93q
4	Becky Theisen, Sr, St. Thomas	67.10
5	Bethany Murray, Fr, Gustavus	69.03
6	Brittney Kolstad, Sr, Concordia Moorhead	70.34
7	Gina Michaels, Sr, St. Thomas	71.45
8	Hope Hertz, Fr, Hamline	73.31
9	Dani Vitali, Fr, Hamline	73.34

Round 1, Heat 2

1	Kameron Argiannis, Sr, Hamline	64.83Q
2	Steph Kortan, Sr, St. Benedict	66.49q
3	Mandy Witschen, Fr, St. Benedict	66.63q
4	Laura Secor, Sr, Gustavus	67.25
5	Macey Bentley, Sr, Concordia Moorhead	68.80
6	Kyanna Jones, So, Macalester	68.87
7	Kayti Helm, Fr, St. Benedict	69.62
8	Kelsey Eder, So, St. Catherine	69.89
9	Jackie Destache, Fr, St. Thomas	73.60

Round 1, Heat 3

1	Melissa Kuebler, Sr, St. Thomas	63.67Q
	NCAA provisional	
2	Danielle Burgmeier, Jr, Gustavus	65.27q
3	Katie Ryan, So, St. Thomas	65.51q
4	Sami Kemper, Fr, Carleton	67.35
5	Kaari Jensen, So, Concordia Moorhead	67.43
6	Erica Roelofs, Jr, Gustavus	68.30
7	Steph Sturges, Jr, Saint Mary's	71.84
8	Emma Ranum, So, Concordia Moorhead	73.69
9	Emily Hughes, Fr, St. Thomas	75.60

Final

1	Kameron Argiannis, Sr, Hamline	62.71
	NCAA provisional	
	Stadium record	
	Was 62.76; Caroline Stuart, Carleton, 2002	
2	Janey Helland, Sr, Gustavus	64.60

3	Steph Kortan, Sr, St. Benedict	64.92
4	Melissa Kuebler, Sr, St. Thomas	65.03
5	Abby Furlong, So, Bethel	66.18
6	Mandy Witschen, Fr, St. Benedict	66.70
7	Katie Ryan, So, St. Thomas	66.82
8	Danielle Burgmeier, Jr, Gustavus	67.13
9	Megan Hoffman, So, Concordia Moorhead	68.22

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#### 3000m Steeplechase

1	Caitlin Schnettler, Sr, St. Benedict	11:45.16
2	Raynee DeGrio, Sr, St. Thomas	11:46.54
3	Laura Secor, Sr, Gustavus	11:53.48
4	Kelsie Larson, Fr, St. Benedict	11:58.85
5	Elisabeth Hanson, So, Concordia Moorhead	12:02.69
6	Kayla Jelen, Sr, Bethel	12:02.92
7	Kelsey Torchia, So, St. Benedict	12:05.86
8	Nicola Franta, So, St. Benedict	12:07.48
9	Ashley Irons, Sr, St. Benedict	12:11.45
10	Sarah Howe, Fr, St. Catherine	12:18.45
11	Caroline McLaughlin, Jr, Concordia Moorhead	12:19.81
12	Kelsey Mullen, Fr, St. Olaf	12:23.51
13	Becky Kane, Fr, Macalester	12:27.22
14	Emma Larson, Fr, St. Olaf	12:28.63
15	Lucy Andrews, Fr, Macalester	12:34.15
16	Gina Luke, So, St. Benedict	12:45.81
17	Jennifer Pulscher, Jr, Augsburg	13:00.72
18	Hannah Toedter, Fr, Hamline	13:07.11

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#### 4x100 Meter Relay

##### Round 1, Heat 1

1 St. Benedict (Abby Neigebauer, Clare Murn, Diane Beckius, Erin Sand) 48.49Q

NCAA provisional

2 St. Catherine (Jennifer Ampe, Kim Engel, Brianna Ludtke, Sam Levercom) 49.75q

3 Hamline (Alana Profit, Cassie Reinke, Adrianna Acosta, Christina Walker) 49.92q

4 St. Olaf (Britta Olsen, Samantha Zopfi, Gina Collings, Tara Reyelts) 50.49q

St. Thomas DQ

##### Round 1, Heat 2

1 Augsburg (Kandace Bostick, Ashley Carney, Katie Vrieze, Shanek Telphia) 48.50Q

NCAA provisional

2 Concordia Moorhead (Alexa Kleingartner, Kari Ludwig, Natalie Decker, Tatijana MullerDahlberg) 49.11q

3 Bethel (Krista McCright, Courtney Fregeau, Dayna Pitts, Ashley Magelssen) 49.19q

4 Macalester (Kyanna Jones, Alexa Simpson, Shasta Webb, Ana Armitage) 49.66q

5 Gustavus (Janie Briant, Laura Sjoberg, Sarah Baker, Allie Canoy) 49.70q

##### Final

1 Augsburg (Kandace Bostick, Ashley Carney, Katie Vrieze, Shanek Telphia) 48.39

NCAA provisional

2 Bethel (Krista McCright, Courtney Fregeau, Dayna Pitts, Ashley Magelssen) 48.86

3 Concordia Moorhead (Alexa Kleingartner, Kari Ludwig,

Natalie Decker, Tatijana MullerDahlberg)	49.62
4 Hamline (Alana Profit, Cassie Reinke, Adrianna Acosta, Christina Walker)	50.17
5 St. Catherine (Madelin Skaalrud, Kim Engel, Brianna Ludtke, Sam Levercom)	50.20
6 Gustavus (Janie Briant, Laura Sjoberg, Sarah Baker, Allie Canoy)	50.25
7 Macalester (Kyanna Jones, Alexa Simpson, Shasta Webb, Ana Armitage)	50.39
8 St. Olaf (Britta Olsen, Samantha Zopfi, Gina Collings, Tara Reyelts)	51.42
St. Benedict (Abby Neigebauer, Clare Murn, Diane Beckius, Erin Sand)	DNF

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#### 4x400 Meter Relay

1 St. Catherine (Kelsey Eder, Kim Engel, Kayla Engel, Erin Coughlin)	3:57.37	H2
2 Gustavus (Danielle Burgmeier, Amanda Iverson, Megan Lundgren, Abby Karl)	3:57.80	H2
3 St. Benedict (Allison Eckrich, Erin Sand, Anna Williams, Jillian Daleiden)	3:58.23	H2
4 St. Thomas (Becky Theisen, Melissa Kuebler, Emily Van Heel, Erin Sheehan)	4:00.46	H2
5 Augsburg (Katie Vrieze, Kacie Bahr, Caroline Senungi, Shanek Telphia)	4:01.78	H2
6 St. Olaf (Ellen Hawley, Laura Cook, Tara Reyelts, Becca Neuger)	4:01.95	H2
7 Bethel (Dayna Pitts, Kayla Jelen, Krista McCright, Ashley Magelssen)	4:02.57	H2

8	Macalester (Alexa Simpson, Marta LeFevre-Levy, Shasta Webb, Diaga Kravale)	4:04.01	H2
9	Concordia Moorhead (Megan Hoffman, Ruth Ranum, Macey Bentley, Gina Weiss)	4:04.99	H2
10	Hamline (Kameron Argiannis, Kaitlyn Frenchick, Keelie Sorensen, Christina Walker)	4:11.28	H1
11	Saint Mary's (Brittany Kuehn, Gia Puch, Joanna Pace, Bethany Schmidt)	4:11.46	H1
12	Carleton	4:14.53	H1

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#### 4x800 Meter Relay

1	Macalester (Libby Tollefson, Tara McCoy, Sarah Ziegenhorn, Robin Major)	9:19.58	
			Stadium record
			Was 9:26.41; St. Thomas, 2002
2	St. Benedict (Anna Williams, Ashley Irons, Steph Kortan, Caitlin Schnettler)	9:25.90	
3	St. Olaf (Jamie Mosel, Robin Stramp, Laura Cook, Moriah Novacinski)	9:28.59	
4	St. Thomas (Erin Sheehan, Jen Strong, Shelby Yoakum, Taylor Berg)	9:30.48	
5	Bethel (Tera Hereid, Kayla Jelen, Michelle Benson, Alex Potter)	9:33.32	
6	Hamline (Sara Holland, Kaitlyn Frenchick, Maria Theisen, Jessica Kociscak)	9:35.48	
7	Concordia Moorhead (Callie Christianson, Kristiana Sather, Paige Rygg, Morgan Christian)	9:35.71	
8	Gustavus (Janey Helland, Laura Secor, Jenny Hendricks, Abby Karl)	9:36.25	
9	Saint Mary's (Bethany Schmidt, Regina Quandt, Joanna		

Pace, Emily Dee) 9:49.91

St. Catherine DNC

Carleton DNC

100 | 200 | 400 | 800 | 1500 | 5000 | 10000 | 100H | 400H | STEEP

4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT | HJ

PV | HEP | Top | Scores

Long Jump

Round 1, Flight 1

1	Janey Helland, Sr, Gustavus	18-4 1/2w[+4.7w]	(5.60m)q
2	Sarah Baker, Jr, Gustavus	18-1[+1.9w]	(5.51m)q
3	Steph Kortan, Sr, St. Benedict	17-1 1/4w[+3.0w]	(5.21m)q
4	Katrina Gerzema, So, Concordia Moorhead	16-10[+1.6w]	(5.13m)q
5	Linnea Erickson, Fr, Bethel	16-7 1/4w[+2.4w]	(5.06m)q
6	Alyssa Deutschmann, Sr, Concordia Moorhead	16-3 3/4w[+2.4w]	(4.97m)
7	Sarah Schmitt, So, St. Benedict	16-3w[+3.5w]	(4.95m)
8	Traci Pastoors, Jr, St. Thomas	15-10 1/2[+1.6w]	(4.84m)
9	Macey Bentley, Sr, Concordia Moorhead	15-7 3/4[+1.2w]	(4.77m)

Round 1, Flight 2

1	Kameron Argiannis, Sr, Hamline	17-10 1/4w[+2.4w]	(5.44m)q
2	Shanek Telphia, So, Augsburg	17-8[+1.5w]	(5.38m)q
3	Julia Renner, Jr, St. Benedict	17-0 3/4[+1.6w]	(5.20m)q
4	Christine Rozeske, Fr, St. Thomas	16-7 3/4[+1.6w]	(5.07m)q
5	Julianna Gorder, Sr, St. Thomas	16-7[+1.3w]	(5.05m)
6	Emily Van Heel, Fr, St. Thomas	16-1[+0.5w]	(4.90m)
7	Kaari Jensen, So, Concordia Moorhead	15-11 1/2[+1.5w]	(4.86m)
8	Clare Murn, So, St. Benedict	14-10 3/4[+1.3w]	(4.54m)
	Nicole Berscheid, Fr, Bethel		ND

Final

1	Janey Helland, Sr, Gustavus	18-4 1/2w[+4.7w]	(5.60m)
			(5.60, 5.49, 5.32, 5.40, 5.35, 5.47)

2 Sarah Baker, Jr, Gustavus 18-1[+1.9w] (5.51m)  
 (5.51, 5.43, 5.37, 5.27, 5.32, 5.43)

3 Kameron Argiannis, Sr, Hamline 17-10 1/4w[+2.4w] (5.44m)  
 (4.97, 5.44, 5.14)

4 Shanek Telphia, So, Augsburg 17-8[+1.5w] (5.38m)  
 (5.38, 4.94, F)

5 Steph Kortan, Sr, St. Benedict 17-5 1/2[+1.3w] (5.32m)  
 (5.06, 4.85, 5.21, 5.28, 5.32, 5.31)

6 Julia Renner, Jr, St. Benedict 17-0 3/4[+1.6w] (5.20m)  
 (5.18, F, 5.20, 4.60, 5.09, F)

7 Katrina Gerzema, So, Concordia Moorhead  
 16-11 1/2[+1.7w] (5.17m)  
 (4.85, F, 5.13, 5.17, F, F)

8 Linnea Erickson, Fr, Bethel 16-10 1/2w[+2.8w] (5.14m)  
 (5.06, F, 4.99, 5.03, 5.14, 4.93)

9 Christine Rozeske, Fr, St. Thomas 16-7 3/4[+1.6w] (5.07m)  
 (5.07, 4.75, 5.04, F, 5.03, 4.99)

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Triple Jump

Round 1, Flight 1

1 Emily Van Heel, Fr, St. Thomas 38-9w[+3.5w] (11.81m)q

2 Alyssa Deutschmann, Sr, Concordia Moorhead  
 36-4 1/4w[+2.5w] (11.08m)q

3 Kristie Miller, So, St. Thomas 36-4w[+3.2w] (11.07m)q

4 Tatijana MullerDahlberg, Jr, Concordia Moorhead  
 35-8w[+3.9w] (10.87m)q

5 Lauren Rothschiller, So, Gustavus 35-6 3/4w[+3.0w] (10.84m)q

6 Rachel Kalk, Fr, Bethel 35-5 1/4w[+3.2w] (10.80m)q

7 Linnea Erickson, Fr, Bethel 35-4 1/2w[+3.9w] (10.78m)q

8 Macey Bentley, Sr, Concordia Moorhead 34-11w[+3.6w] (10.64m)

9 Anna McDevitt, Fr, Gustavus 34-2 3/4w[+3.8w] (10.43m)

Round 1, Flight 2

1 Nicole Berscheid, Fr, Bethel 36-11 1/2w[+2.4w] (11.26m)q

2 Hilary Thompson, Fr, Concordia Moorhead

35-11 1/4w[+3.8w] (10.95m)q

3 Abby Furlong, So, Bethel 35-3 1/4w[+2.7w] (10.75m)

4 Kaari Jensen, So, Concordia Moorhead 35-3w[+3.3w] (10.74m)

5 Kate RoCHAT, So, Macalester 34-4w[+5.2w] (10.46m)

6 Traci Pastoors, Jr, St. Thomas 33-8 1/2w[+2.4w] (10.27m)

7 Olivia Decker, Fr, Concordia Moorhead 33-7 1/2w[+3.0w] (10.25m)

8 Sami Kemper, Fr, Carleton 33-0 1/4w[+2.6w] (10.06m)

Julia Renner, Jr, St. Benedict ND

Final

1 Emily Van Heel, Fr, St. Thomas 38-9w[+3.5w] (11.81m)

(11.58, 11.81, 11.20, F, F, F)

2 Nicole Berscheid, Fr, Bethel 36-11 1/2w[+2.4w] (11.26m)

(F, 11.01, 11.26, 10.73, F, F)

3 Alyssa Deutschmann, Sr, Concordia Moorhead

36-4 1/4w[+2.5w] (11.08m)

(10.49, 11.08, 10.48, 10.19, F, 10.63)

4 Kristie Miller, So, St. Thomas 36-4w[+3.2w] (11.07m)

(10.73, 11.07, 10.77, 10.91, 10.88, 10.76)

5 Hilary Thompson, Fr, Concordia Moorhead

35-11 1/4w[+3.8w] (10.95m)

(F, F, 10.95, F, F, 10.76)

6 Tatijana MullerDahlberg, Jr, Concordia Moorhead

35-8 1/2w[+2.4w] (10.88m)

(F, 10.87, 10.85, 10.39, 10.55, 10.88)

7 Lauren Rothschiller, So, Gustavus 35-6 3/4w[+3.0w] (10.84m)

(F, 10.79, 10.84, F, F, 10.41)

8 Rachel Kalk, Fr, Bethel 35-5 1/4w[+3.2w] (10.80m)

(9.43, 10.40, 10.80, F, F, F)

9 Linnea Erickson, Fr, Bethel 35-4 1/2w[+3.9w] (10.78m)

(10.30, F, 10.78, 10.47, F, 10.45)

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Shot Put

Round 1, Flight 1

1 Samantha Broderius, Sr, Gustavus	45-1 3/4 (13.76m)q
NCAA provisional	
2 Robyn Wernberg, Sr, Hamline	40-7 1/2 (12.38m)q
3 Hannah Volkman, Fr, St. Thomas	40-1 1/4 (12.22m)q
4 Becky Culp, So, Hamline	39-4 1/2 (12.00m)q
5 Felisha Willaert, Sr, St. Thomas	38-6 (11.73m)q
6 Haley Zajac, Fr, St. Thomas	38-6 (11.73m)q
7 Coco Booker, So, Saint Mary's	38-2 (11.63m)q
8 Sam Imholte, Fr, St. Benedict	37-8 1/2 (11.49m)
9 Kristen Warren, Sr, Concordia Moorhead	37-8 1/2 (11.49m)

Round 1, Flight 2

1 Amy Maas, Jr, St. Thomas	42-3 1/4 (12.88m)q
NCAA provisional	
2 Jasmine Eddy, Fr, Macalester	38-6 1/4 (11.74m)q
3 Megan Endresen, Jr,	37-6 1/2 (11.44m)
4 Sarah Lemke, Sr, St. Thomas	37-3 1/4 (11.36m)
5 Kelly Lovett, Sr, Carleton	36-7 1/2 (11.16m)
6 Alana Profit, Fr, Hamline	36-6 1/4 (11.13m)
7 Larissa Hansmeier, Sr, Concordia Moorhead	36-2 1/4 (11.03m)
8 Danelle Duppong, Fr, St. Benedict	35-1 (10.69m)
9 Courtney O'Donnell, So, Hamline	34-8 1/4 (10.57m)

Final

1 Samantha Broderius, Sr, Gustavus	45-1 3/4 (13.76m)
(13.76, 13.23, 13.50, 12.67, 13.15, 12.71)	
NCAA provisional	
2 Amy Maas, Jr, St. Thomas	42-3 1/4 (12.88m)
(11.28, 11.72, 12.88, F, F, 11.81)	
NCAA provisional	

3 Robyn Wernberg, Sr, Hamline	40-7 1/2 (12.38m)
	(12.10, 12.38, 12.00, 12.03, 12.16, 12.21)
4 Hannah Volkman, Fr, St. Thomas	40-1 1/4 (12.22m)
	(11.63, 12.22, 11.55, 11.01, 11.46, 11.41)
5 Becky Culp, So, Hamline	39-8 3/4 (12.11m)
	(11.46, 12.00, 11.78, 12.03, F, 12.11)
6 Haley Zajac, Fr, St. Thomas	38-9 3/4 (11.83m)
	(9.58, F, 11.73, 11.08, 11.08, 11.83)
7 Jasmine Eddy, Fr, Macalester	38-6 1/4 (11.74m)
	(11.36, 11.27, 11.74, 10.35, 10.71, 10.60)
8 Felisha Willaert, Sr, St. Thomas	38-6 (11.73m)
	(11.06, 11.73, 11.61, 11.01, 11.39, 11.44)
9 Coco Booker, So, Saint Mary's	38-2 (11.63m)
	(11.31, 11.38, 11.63, 11.42, F, 11.32)

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Discus Throw

Round 1, Flight 1

1 Becky Culp, So, Hamline	129-9 (39.54m)q
2 Samantha Broderius, Sr, Gustavus	128-10 (39.27m)q
3 Robyn Wernberg, Sr, Hamline	119-8 (36.48m)q
4 Kao Sutton, Fr, Carleton	115-7 (35.23m)q
5 Felisha Willaert, Sr, St. Thomas	115-7 (35.22m)q
6 Brenna Coyle, Jr, Hamline	114-0 (34.74m)q
7 Sam Imholte, Fr, St. Benedict	109-6 (33.39m)
8 Allyson Hannemann, Jr, Gustavus	104-2 (31.76m)
9 Larissa Hansmeier, Sr, Concordia Moorhead	101-4 (30.89m)

Round 1, Flight 2

1 Kierstin Nygaard, Sr, Concordia Moorhead	113-8 (34.64m)q
2 Sarah Lemke, Sr, St. Thomas	112-3 (34.22m)q

3 Megan Endresen, Jr, 110-0 (33.53m)q  
 4 Hannah Volkman, Fr, St. Thomas 105-4 (32.11m)  
 5 Amy Maas, Jr, St. Thomas 104-6 (31.87m)  
 6 Kelly Lovett, Sr, Carleton 102-6 (31.24m)  
 7 Kristen Warren, Sr, Concordia Moorhead 101-4 (30.88m)  
 8 Nicole Heitmann, Sr, Saint Mary's 100-7 (30.66m)  
 9 Haley Zajac, Fr, St. Thomas 100-1 (30.51m)

Final

1 Samantha Broderius, Sr, Gustavus 131-5 (40.07m)  
 (39.27, F, F, 36.51, 37.20, 40.07)  
 2 Becky Culp, So, Hamline 129-9 (39.55m)  
 (37.52, 39.54, 38.40, 39.55, 38.42, F)  
 3 Robyn Wernberg, Sr, Hamline 126-2 (38.47m)  
 (35.29, F, 36.48, F, 38.47, 37.25)  
 4 Felisha Willaert, Sr, St. Thomas 115-8 (35.26m)  
 (25.53, F, 35.22, 35.26, 33.89, 34.65)  
 5 Kao Sutton, Fr, Carleton 115-7 (35.23m)  
 (F, 35.23, 33.99, F, 33.14, 35.12)  
 6 Brenna Coyle, Jr, Hamline 114-0 (34.74m)  
 (34.74, 32.15, F, 34.65, 31.52, F)  
 7 Kierstin Nygaard, Sr, Concordia Moorhead 113-8 (34.64m)  
 (34.64, 33.14, 32.54, 32.28, 32.89, 31.89)  
 8 Sarah Lemke, Sr, St. Thomas 112-3 (34.22m)  
 (32.40, 34.22, F, F, 33.09, F)  
 9 Megan Endresen, Jr, 112-2 (34.19m)  
 (31.09, 33.51, 33.53, 32.30, 34.19, F)

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Hammer Throw

Round 1, Flight 1

1 Sara Harstad, Sr, Saint Mary's 167-10 (51.17m)q

NCAA provisional

2 Samantha Broderius, Sr, Gustavus 158-7 (48.34m)q

NCAA provisional

3 Sarah Lemke, Sr, St. Thomas 145-5 (44.32m)q

4 Kierstin Nygaard, Sr, Concordia Moorhead 144-8 (44.10m)q

5 Laura Gonshorowski, So, Concordia Moorhead 142-9 (43.51m)

6 Allyson Hannemann, Jr, Gustavus 142-5 (43.42m)

7 Erin Leyden, Sr, Augsburg 127-11 (39.00m)

8 Maria Gans, Sr, St. Benedict 124-10 (38.04m)

Megan Endresen, Jr, ND

Round 1, Flight 2

1 Brenna Coyle, Jr, Hamline 171-5 (52.26m)q

NCAA provisional

Meet record

Was 170-9 (52.05m); Amanda Jones, Hamline, 2007

2 Amy Maas, Jr, St. Thomas 153-8 (46.84m)q

3 Robyn Wernberg, Sr, Hamline 149-4 (45.53m)q

4 Clare Foley, Fr, St. Benedict 146-2 (44.55m)q

5 Becky Culp, So, Hamline 142-9 (43.53m)q

6 Kassondra Burtis, Jr, Saint Mary's 142-4 (43.38m)

7 Hannah Volkman, Fr, St. Thomas 140-11 (42.95m)

8 Larissa Hansmeier, Sr, Concordia Moorhead 135-6 (41.31m)

9 Haley Zajac, Fr, St. Thomas 134-1 (40.86m)

Final

1 Brenna Coyle, Jr, Hamline 171-5 (52.26m)

(50.56, 49.65, 52.26, 49.15, 48.68, 49.20)

NCAA provisional

Meet record

2 Sara Harstad, Sr, Saint Mary's 167-10 (51.17m)

(51.17, 50.90, F, 47.73, 50.56, 50.20)

NCAA provisional

3 Samantha Broderius, Sr, Gustavus 158-7 (48.34m)

(46.34, 48.34, 47.33, 44.79, F, 46.56)

NCAA provisional

4 Amy Maas, Jr, St. Thomas 155-2 (47.29m)

(46.84, F, F, F, 47.29, F)

5 Robyn Wernberg, Sr, Hamline 153-11 (46.93m)

(45.47, 45.01, 45.53, 46.52, 46.93, 45.35)

6 Sarah Lemke, Sr, St. Thomas 149-1 (45.45m)

(44.32, F, 43.20, 43.95, F, 45.45)

7 Kierstin Nygaard, Sr, Concordia Moorhead 146-2 (44.55m)

(F, 40.27, 44.10, 43.25, 44.55, 41.65)

8 Clare Foley, Fr, St. Benedict 146-2 (44.55m)

(44.55, F, 43.10, F, 40.97, 38.26)

9 Becky Culp, So, Hamline 142-9 (43.53m)

(43.53, 42.93, 41.37, 41.84, 41.36, 39.50)

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## Javelin Throw

### Round 1, Flight 1

1 Janey Helland, Sr, Gustavus 110-9 (33.76m)q

2 Kristen Warren, Sr, Concordia Moorhead 109-1 (33.26m)q

3 Sam Imholte, Fr, St. Benedict 106-6 (32.47m)q

4 Stephanie Meschke, So, St. Catherine 103-3 (31.48m)q

5 Sarah Peterson, Sr, Concordia Moorhead 101-3 (30.86m)

6 Maria Gans, Sr, St. Benedict 99-7 (30.35m)

7 Mary-Michael Vance, Jr, Concordia Moorhead 86-4 (26.33m)

8 Sabrina Larson-Bushlack, So, Saint Mary's 81-10 (24.96m)

9 Nicki Ainsworth, Sr, Gustavus 80-7 1/2 (24.57m)

### Round 1, Flight 2

1 Kelly Lovett, Sr, Carleton 129-2 (39.37m)q

NCAA provisional

2 Katherine Brott, Sr, Concordia Moorhead 126-11 (38.69m)q

3 Kaari Jensen, So, Concordia Moorhead 118-4 (36.07m)q

4 Rachel Borka, Sr, St. Thomas 103-2 (31.45m)q

5 Alyssa Hewes, Fr, St. Thomas 103-2 (31.45m)q

6	Brianne Thompson, Jr, Concordia Moorhead	100-6 (30.65m)
7	Jessa Youso, So, Carleton	99-3 (30.26m)
8	Callie Teigen, Jr, St. Catherine	95-4 (29.06m)
9	Kendra Coleman, Fr, St. Benedict	89-11 (27.41m)

Final

1	Katherine Brott, Sr, Concordia Moorhead	131-1 (39.95m)
		(37.96, 38.38, 38.69, 37.86, 39.95, 37.86)
		NCAA provisional
2	Kelly Lovett, Sr, Carleton	131-0 (39.93m)
		(36.61, 39.37, 31.75, 30.34, 38.52, 39.93)
		NCAA provisional
3	Janey Helland, Sr, Gustavus	122-0 (37.19m)
		(33.18, F, 33.76, 33.01, 32.21, 37.19)
4	Kaari Jensen, So, Concordia Moorhead	118-4 (36.07m)
		(32.35, 36.07, 30.54, 35.09, 26.50, 34.24)
5	Kristen Warren, Sr, Concordia Moorhead	109-1 (33.26m)
		(F, 33.26, 31.50, 31.93, 31.48, F)
6	Stephanie Meschke, So, St. Catherine	107-2 (32.67m)
		(29.60, 31.17, 31.48, 28.80, 30.08, 32.67)
7	Sam Imholte, Fr, St. Benedict	106-6 (32.47m)
		(F, 32.47, F, F, F, F)
8	Rachel Borka, Sr, St. Thomas	103-2 (31.45m)
		(31.32, 29.56, 31.45, 28.79, 31.39, 28.98)
9	Alyssa Hewes, Fr, St. Thomas	103-2 (31.45m)
		(31.45, F, F, F, F, 28.93)

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High Jump

1	Alyssa Deutschmann, Sr, Concordia Moorhead	5-5 (1.65m)
		(1.51, 1.56[2], 1.59, 1.62, 1.65[2])

NCAA provisional

2 Elise Raney, Fr, St. Olaf	5-3 3/4 (1.62m)
	(1.51, 1.56[3], 1.59[2], 1.62[2])
3 Rachel Borka, Sr, St. Thomas	5-2 1/2 (1.59m)
	(1.51, 1.56[3], 1.59[2])
3 Holly Schneidermayer, So, Macalester	5-2 1/2 (1.59m)
	(1.51[2], 1.56[2], 1.59[2])
5 Kari Whitney, So, Bethel	5-1 1/4 (1.56m)
	(1.51, 1.56)
5 Janey Helland, Sr, Gustavus	5-1 1/4 (1.56m)
	(1.51, 1.56)
7 Stephanie Skoog, Fr, Bethel	5-1 1/4 (1.56m)
	(1.51, 1.56[2])
8 Lauren West, So, Bethel	5-1 1/4 (1.56m)
	(1.51, 1.56[3])
9 Lynn Robohm, Jr, Hamline	5-1 1/4 (1.56m)
	(1.51[3], 1.56[3])
10 Nevada Wendlandt, Fr, Gustavus	4-11 1/2 (1.51m)
	(1.51)
10 Sarah Baker, Jr, Gustavus	4-11 1/2 (1.51m)
	(1.51)
10 Audrey Mills, Jr, Macalester	4-11 1/2 (1.51m)
	(1.51)
13 Kyla Walter, Sr, Carleton	4-11 1/2 (1.51m)
	(1.51[2])
14 Julia Renner, Jr, St. Benedict	4-11 1/2 (1.51m)
	(1.51[3])
15 Kandace Bostick, Fr, Augsburg	4-11 1/2 (1.51m)
	(1.51[3])
16 Abby Karl, Sr, Gustavus	4-9 1/2 (1.46m)

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Pole Vault

1 Danielle Busch, So, St. Benedict	12-2 (3.71m)
(3.16, 3.31, 3.41, 3.51, 3.61[3], 3.71[2])	
NCAA provisional	
2 Allyson Voss, So, Gustavus	11-6 1/4 (3.51m)
(3.01, 3.16, 3.31, 3.41[3], 3.51)	
3 Arlene Behling, Sr, Hamline	11-2 1/4 (3.41m)
(3.01, 3.16, 3.31, 3.41)	
4 Carly Braun, So, Hamline	11-2 1/4 (3.41m)
(3.01, 3.16, 3.31[2], 3.41)	
5 Megan Erlandson, Jr, Carleton	10-10 1/4 (3.31m)
(2.86, 3.01[2], 3.16, 3.31)	
6 Brittany Tuberg, So, Augsburg	10-10 1/4 (3.31m)
(3.16, 3.31[2])	
7 Stephanie Jenkins, So, Hamline	10-10 1/4 (3.31m)
(3.01[2], 3.16, 3.31[3])	
7 Jennifer Ampe, Sr, St. Catherine	10-10 1/4 (3.31m)
(3.16[2], 3.31[3])	
9 Holly Hoffman, Jr, Gustavus	10-4 1/4 (3.16m)
(2.86, 3.01[2], 3.16)	
10 Britney Daniel, Sr, St. Thomas	10-4 1/4 (3.16m)
(3.01[3], 3.16)	
11 Chey Reglin, So, St. Benedict	10-4 1/4 (3.16m)
(2.86, 3.01, 3.16[2])	
11 Tessa Comstock, Jr, Concordia Moorhead	10-4 1/4 (3.16m)
(2.86, 3.01, 3.16[2])	
13 Lauren Harn, Jr, St. Olaf	9-10 1/2 (3.01m)
(2.86, 3.01)	
14 Nevada Wendlandt, Fr, Gustavus	9-10 1/2 (3.01m)
(2.86[2], 3.01)	
Haley Tsuji, Fr, St. Catherine	NH

## Heptathlon

1	Janey Helland, Sr, Gustavus	4595
	(16.18, 1.54, 9.41, 27.61, 5.45, 35.60, 2:20.61)	
	NCAA provisional	
	NCAA automatic	
2	Kaari Jensen, So, Concordia Moorhead	4265
	(15.83, 1.51, 8.62, 26.38, 5.10, 29.49, 2:34.28)	
	NCAA provisional	
3	Steph Kortan, Sr, St. Benedict	4080
	(16.37, 1.36, 8.75, 26.86, 5.20, 23.50, 2:21.75)	
4	Macey Bentley, Sr, Concordia Moorhead	4021
	(16.70, 1.48, 8.10, 27.27, 5.04, 25.66, 2:27.05)	
5	Erica Roelofs, Jr, Gustavus	3890
	(17.59, 1.45, 10.56, 27.97, 4.54, 28.40, 2:28.71)	
6	Clare Murn, So, St. Benedict	3786
	(19.22, 1.39, 8.79, 27.21, 5.16, 28.39, 2:27.88)	
7	Kyla Walter, Sr, Carleton	3742
	(16.99, 1.57, 8.76, 28.08, 4.28, 25.42, 2:37.21)	
8	Sami Kemper, Fr, Carleton	3675
	(17.25, 1.48, 7.00, 29.04, 4.51, 25.98, 2:22.55)	
9	Mandy Witschen, Fr, St. Benedict	3639
	(17.16, 1.45, 8.51, 27.08, 4.62, 16.12, 2:30.96)	
10	Laura Secor, Sr, Gustavus	3626
	(17.01, 1.36, 8.51, 28.86, 4.25, 27.05, 2:23.54)	
11	Olivia Decker, Fr, Concordia Moorhead	3620
	(16.44, 1.51, 7.85, 28.85, 4.89, 14.86, 2:33.67)	
12	Emily Swenson, So, St. Benedict	3460
	(16.90, 1.51, 7.82, 28.44, 4.58, 21.57, 2:49.45)	
13	Kristin Boyum, So, Concordia Moorhead	2969
	(16.92, 1.42, 7.96, 30.28, 4.31, NM, 2:38.69)	

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#### TEAM SCORES

Scored 10-8-6-5-4-3-2-1

100 Meter Dash, 200 Meter Dash, 400 Meter Dash, 800 Meter Run,

1500 Meter Run, 5000 Meter Run, 10000 Meter Run, 100 Meter Hurdles,

400 Meter Hurdles, 3000m Steeplechase, 4x100 Meter Relay, 4x400 Meter Relay,

4x800 Meter Relay, Long Jump, Triple Jump, Shot Put, Discus Throw,

Hammer Throw, Javelin Throw, High Jump, Pole Vault, Heptathlon

1	St. Thomas	143.5
2	Gustavus	132.5
3	St. Benedict	107.0
4	Concordia Moorhead	90.0
5	Hamline	85.5
6	Bethel	67.5
7	Augsburg	53.0
8	St. Olaf	52.0
9	Carleton	49.0
10	Macalester	32.5
11	St. Catherine	29.5
12	Saint Mary's	16.0

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